



Made in Sweden  since 1925

<p>Innehåll i Köttfärssås och makaroner</p> <p>Ingredienser: Svenska makaroner (VETE), svensk nötfärs (15 %), tomatkross, lök, chilisås, kalvfond, kycklingfond, socker, salt, kryddor (chili, ingefära, svartpeppar, dragon, basilika, oregano).</p> <p>Portionsstorlek: 170 g köttfärssås + 250 g kokt pasta (420 g) Frystorkad vikt: 120 g</p> <p>Näringsvärde per portion (420 g) Energi: ≈ 577 kcal Protein: ≈ 24 g Fett: ≈ 14 g Kolhydrater: ≈ 80 g</p> <p>Näringsvärde per 100 g Energi: ≈ 137 kcal Protein: ≈ 5,7 g Fett: ≈ 3,3 g Kolhydrater: ≈ 19 g</p> <p>Allergener: Gluten, mjölkprotein, selleri.</p> <p>Kan innehålla spår av andra allergener. Tillagad i storkök.</p>	<p>Contents of Minced meat Sauce with Macaroni</p> <p>Ingredients: Swedish macaroni (WHEAT), Swedish minced beef (15%), crushed tomatoes, onion, chili sauce, veal stock, chicken stock, sugar, salt, spices (chili, ginger, black pepper, tarragon, basil, oregano).</p> <p>Serving size: 170 g minced beef sauce + 250 g cooked pasta (420 g) Freeze-dried weight: 120 g</p> <p>Nutritional values per serving (420 g) Energy: ≈ 577 kcal Protein: ≈ 24 g Fat: ≈ 14 g Carbohydrates: ≈ 80 g</p> <p>Nutritional values per 100 g Energy: ≈ 137 kcal Protein: ≈ 5.7 g Fat: ≈ 3.3 g Carbohydrates: ≈ 19 g</p> <p>Allergens: Gluten, milk protein, celery.</p> <p>May contain traces of other allergens. Produced in a commercial kitchen.</p>
<p>Innehåll i Garam Masala</p> <p>Ingredienser: Svenskt matvete (60 %), svensk fläskytterfilé (23 %), krossade tomater, havregurt, grädde (laktosfri), gul lök, vitlök, tomatpuré, ingefära, garam masala (kryddblandning), citronsaft, gurkmeja, chilipulver, paprikapulver, grönsaksbuljong.</p> <p>Innehåll i grönsaksbuljong: Salt, potatisstärkelse, palmfett, grönsaker (morot, lök, tomat, purjolök, palsternacka), jästextrakt, naturlig persiljearom, örter (persilja, libbsticka), kryddor (gurkmeja, muskotblomma, vitpeppar).</p> <p>Portionsstorlek: 400 g (färdig rätt) Frystorkad vikt: 120 g</p>	<p>Contents of Garam Masala</p> <p>Ingredients: Swedish whole wheat (60%), Swedish pork loin (23%), crushed tomatoes, oat yogurt, cream (lactose-free), yellow onion, garlic, tomato purée, ginger, garam masala (spice blend), lemon juice, turmeric, chili powder, paprika powder, vegetable stock.</p> <p>Vegetable stock ingredients: Salt, potato starch, palm fat, vegetables (carrot, onion, tomato, leek, parsnip), yeast extract, natural parsley flavouring, herbs (parsley, lovage), spices (turmeric, mace, white pepper).</p> <p>Serving size: 400 g (prepared meal) Freeze-dried weight: 120 g</p>

Näringsvärde per portion (400 g)

Energi: ≈ 574 kcal

Protein: ≈ 32 g

Fett: ≈ 20 g

Kolhydrater: ≈ 56 g

Näringsvärde per 100 g

Energi: ≈ 144 kcal

Protein: ≈ 8 g

Fett: ≈ 5 g

Kolhydrater: ≈ 14 g

Allergener: Gluten (vete), mjölkprotein (laktosfri grädde), soja, selleri.**Kan innehålla spår av andra allergener.****Tillagad i storkök.****Nutritional values per serving (400 g)**

Energy: ≈ 574 kcal

Protein: ≈ 32 g

Fat: ≈ 20 g

Carbohydrates: ≈ 56 g

Nutritional values per 100 g

Energy: ≈ 144 kcal

Protein: ≈ 8 g

Fat: ≈ 5 g

Carbohydrates: ≈ 14 g

Allergens: Gluten (wheat), milk protein (lactose-free cream), soy, celery.**May contain traces of other allergens.****Produced in a commercial kitchen**